



**City of Menifee
Senior Advisory Committee
Meeting Agenda
Tuesday, March 22, 2016**

**City Council Chambers
29714 Haun Road
Menifee, CA 92586**

10:00 a.m. Regular Meeting

THE PURPOSE OF THE SENIOR ADVISORY COMMITTEE MEETINGS ARE TO CONDUCT THE CITY'S
BUSINESS

PLEASE SEE OUR DECORUM POLICY NOTES AT THE END OF THIS AGENDA

AGENDA

1. CALL TO ORDER

2. ROLL CALL

3. FLAG SALUTE

4. PRESENTATIONS

Community Access Center:

Services to Low Vision Seniors

Tino Alvarez – Program Director and Maria Rojas – Independent Living Advocate

5. APPROVAL OF MINUTES

5.1. Minutes of February 23, 2016

6. AGENDA APPROVAL OR MODIFICATION

7. PUBLIC COMMENTS (non-agenda items only)

8. DISCUSSION ITEMS

8.1. Senior Health, Wellness, and Fitness Fair

➤ Review current vendors

➤ Review speakers and on site screening opportunities

➤ Finalize Senior Advisory Committee Booth Plans

8.2. Ad Hoc Committee with Parks, Recreation and Trails Commission

- Appoint committee members to Ad Hoc committee on Senior Friendly Parks and Trails

9. COMMUNITY SERVICES SUPERVISOR COMMENTS

- 9.1. Department Update
- 9.2. Kay Cenicerros Senior Center Programs, classes, and trips
- 9.3. HOA Outreach update

10. COMMITTEE MEMBER REPORTS ON COMMITTEE ACTIVITIES

11. FUTURE AGENDA REQUESTS FROM COMMITTEE MEMBERS:

Items Scheduled for Future Agendas:

- PEG – Public Access Channel Programming
- ADA/Mobility Equipment in ROW and Sidewalks
- Senior Website presentation and updates
- Review of potential amenities as part of Menifee Valley Hospital Grant
- Prepare a resource directory for seniors
- Schedule workshop to establish 2016/2017 goals and objectives

12. ADJOURNMENT

Decorum Policy Notes

Please use a speaker request form when you wish to address the Committee

The Committee anticipates and encourages public participation at its Committee meeting, both on agenda items and during the public comments period. Please use respect by not having your cell phones on, refrain from talking in the audience or outbursts that may be disruptive. While we encourage participation, we ask there be a mutual respect for the proceedings.

Staff Reports

Materials related to an item on this Agenda, including those submitted to the Committee after distribution of the agenda packet, and are available for public inspection by contacting Jen Allen, Deputy City Clerk, at (951) 672-6777 during normal business hours.

Compliance with the Americans with Disabilities Act

If you need special assistance to participate in this meeting, you should contact Jennifer Allen, Deputy City Clerk, at (951) 672-6777. Notification 72 hours prior to the meeting will enable the City to make reasonable arrangements to assure accessibility to this meeting.

**City of Menifee Senior Advisory Committee
Regular Meeting Minutes
February 23, 2016**

1. CALL TO ORDER

Committee Vice-Chair Ken Woytek called the meeting to order at 10:05 AM.

2. ROLL CALL

Present were: Committee Vice-Chair Ken Woytek, Committee member Chuck Reutter, Committee member Victoria Arendain, Community Services Director Robert Lennox, Community Services Coordinator Aisha Jemmott-Wilson and eight (8) members of the public.

3. FLAG SALUTE

4. PRESENTATIONS

None

5. APPROVAL OF MINUTES

5.1. Minutes of January 26, 2016

A motion to approve the minutes of the January 26, 2016 meeting was made by Committee member Ruetter

Motion was seconded by Committee member Arendain.

Motion was unanimously approved.

6. AGENDA APPROVAL OR MODIFICATION

As posted.

7. PUBLIC COMMENTS (non-agenda items only)

None

8. DISCUSSION ITEMS

8.1 Senior Symposium

- Review the proposed 2016 Senior Symposium Series

Director Lennox discussed the Senior Symposium Series topics and the location

Committee Member Reutter mentioned how Kaiser Hospital provides caregiving presentations

Committee Member Arendain would like to see health check presentations

Committee Vice-Chair Woytek suggested to add health checks to Senior Health, Wellness and Fitness Fair

Committee Member Reutter suggested to change the name of the “End of Life Planning” symposium topic.

Committee Vice-Chair Woytek suggested to change the name to “Estate Planning” instead of “End of Life Planning”.

8.2 HOA Contact Letter and Fact Sheet

- Review and approve letter and flyer for Outreach Volunteer

Director Lennox gave overview of the informational letter that will be utilized for outreach to the senior HOA communities.

Jenny Heimblod Outreach Volunteer mentioned that she contacted the Menifee Chamber of Commerce and was told they do not have a list of Senior HOAs.

Director Lennox state that there are 15 HOA senior communities in Menifee.

8.3 Senior Health, Wellness & Fitness Fair Discussion

- Committee booth discussion

Director Lennox provided information regarding the Senior Health, Wellness & Fitness Fair event scheduled for May 23, 2016 from 10am to 2pm. There will be a variety of resource vendors. The purpose of this event is to provide resources for seniors in the City of Menifee. Director Lennox suggested that the Senior Committee should have a table at the event.

Committee Vice-Chair Woytek suggested that Committee member Arendain be the lead for the committee booth.

Committee Member Arendain agreed

Committee Member Arendain would like to make sure there is an informational booth for hearing, podiatry, and wellness check.

9. COMMUNITY SERVICES SUPERVISOR COMMENTS

a. Department Update

- Director Robert Lennox discussed staff changes within the Community Service Department

10. COMMITTEE MEMBER REPORTS ON COMMITTEE ACTIVITIES

Committee Vice-Chair Woytek provided updates from the RTA Meeting he attended. He also mentioned that the MCAC meeting will be on February 25, 2016.

Committee member Reutter gave information on how the Low vision care is in the process of looking for a location in Menifee

11. FUTURE AGENDA REQUESTS FROM COMMITTEE MEMBERS:

Items Scheduled for Future Agendas:

- Senior Trolley/Transportation
- Public Safety Presentation
- Computer Lab Programming Review
- Senior Website Updates: Calendar of Events
- PEG – Public Access Channel Programming
- Committee Meeting Dates – Offsite Meetings
- “Friends and Neighbors” Program
- ADA/Mobility Equipment in ROW and Sidewalks
- HOA Lists for City of Menifee
- Contact Senior Delivery for Seniors that are
- Monthly activities and Excursion Calendar

12. ADJOURNMENT

Committee Vice-Chair Woytek adjourned the meeting at 10:50 am.

Aisha Jemmott-Wilson, Community Services Coordinator

CITY OF MENIFEE

SUBJECT: AD HOC COMMITTEE WITH PARKS, RECREATION
& TRAILS COMMISSION

MEETING DATE: March 22, 2016

TO: Committee Chair and Committee Members

PREPARED BY: Jason Hendrix, Community Services Supervisor

REVIEWED BY: Jason Hendrix, Community Services Supervisor

APPROVED BY: Robert Lennox, Community Services Director

RECOMMENDED ACTION

Appoint two committee members to Ad Hoc Committee with the Parks, Recreation, and Trails Commission to consider ideas for Senior Friendly Parks and Trails

DISCUSSION

At the request of Senior Advisory Committee Chair, Gloria Sanchez, the Senior Advisory Committee shall discuss adding amenities to parks and trails to provide a safer, more welcoming environment for seniors.

The Ad Hoc Committee will conduct research of surrounding cities and industry related equipment (CPRS and NRPA) then report findings at the May Senior Advisory Committee as well as the Parks, Recreation, and Trails Commission.

FISCAL IMPACT

None.

ATTACHMENTS

None.